

Stuck at home?

To keep ourselves and others safe during the pandemic, we are staying home as much as we can. This could be boring. Let's fix that. Together.

This little booklet is for all my youngest friends who can't go to school or daycare right now because of the Covid pandemic.

Staying at home this much you might miss your friends. You might feel bored. You might feel mad. You might feel sad or afraid or a little bit crazy. It's OK. Or maybe you like staying home.

Maybe you can use this time to discover a new adventure right inside your house.

Thank you to my friend, Shokan, for the idea for this book. Shokan is staying at home and today he made cookies.

[That is my friend, Jules on the cover, by the way.]

Me and my friend, Itxel. She has great hair. I am kind of bald.







What is that?



See if you can find two things in your house that you have NO IDEA about.

Ask someone, "Hey what is this? What is it for?" Can you believe there is something in your own house that you don't know anything about?

Do you know what the things are in these pictures? What are they? What are they for? They are in my house. Draw a picture of one thing you found. Take a photo with a cell phone and send it to me at lekshe@gmail.com. Tell me what it is. I will put your drawing in the next book.

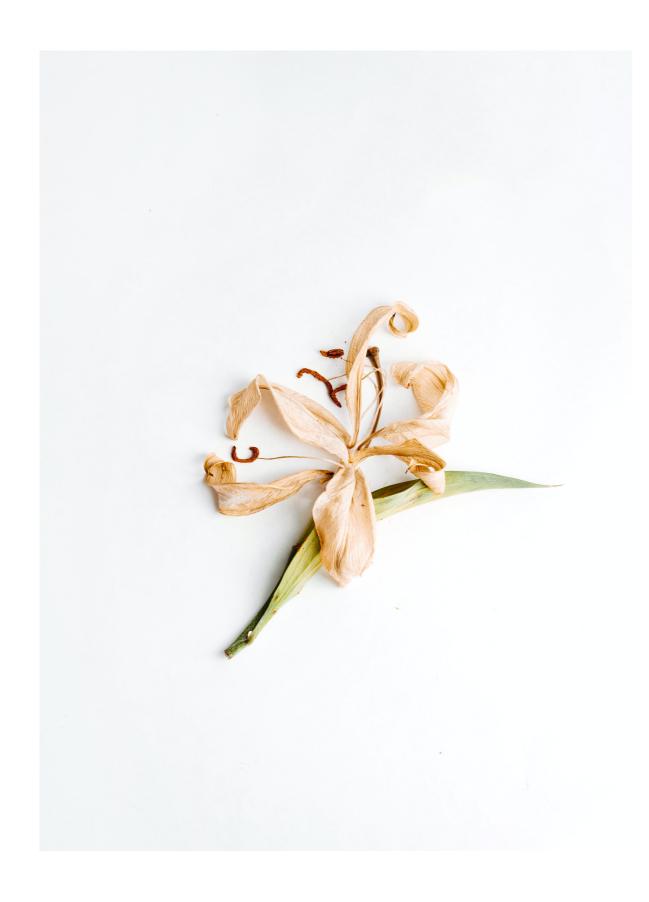


Weird noises

Houses have so many sounds. When we live somewhere for a long time, we stop hearing many of them.

Make a list of the sounds you hear in your house.

Are there any sounds you never heard before? Write them here.



Dead plants

Sometimes when we get busy we forget about our plants. Sometimes we forget about them so long they die. Do you find any dead plants in your house?

Can you water them or is it too late? What do you think? Circle one.

I can water them.

It's too late.



Colored glass

How many colors of glass can you find in your house? Look for little, big, hidden..any kind of glass.

Is there glass you have never seen before? Does anyone know where it came from? Does it have a story?

Draw your favorite piece here or put it somewhere you can enjoy it.





Soap

How many kinds of soap do you find in your house. Don't eat any soap, OK? Soap tastes awful.



I miss my friends

Can you make a new friend?

Look around and see what you have.

Make a friend who looks like you or make one who looks really different.



This is a really wild friend from my friend Sanje's house.

Make an adventure you can do at home

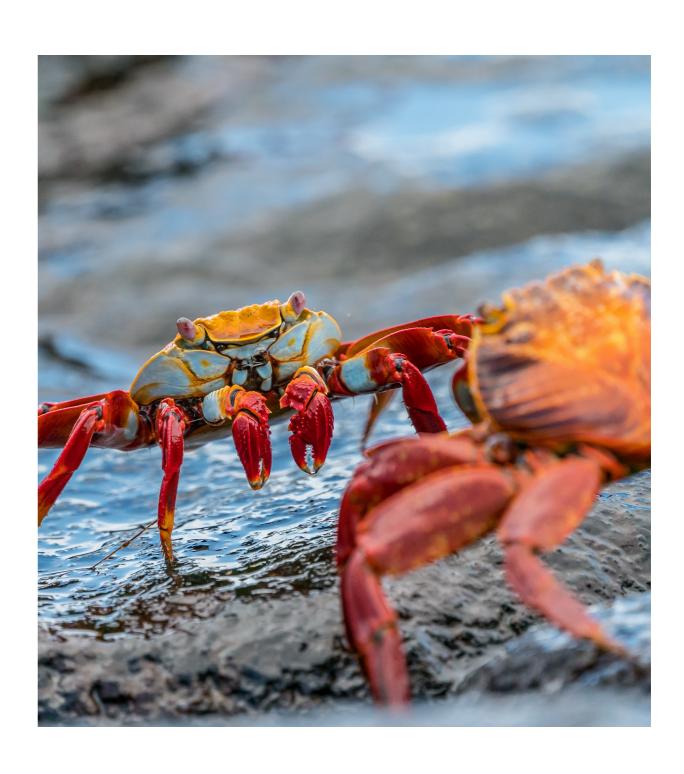
Let's think about this together

When I can't go out and do my regular things, I sometimes get a little crabby. Do you?

When I feel crabby, I sit down and try to breathe.

I remind myself of how many things I appreciate right now. Here is my list today.

- 1. My friends
- 2. My comfy bed
- 3. My computer
- 4. My books
- 5. The sound of birds
- 6. My pillow
- 7. Popcorn
- 8. The quiet in my house



Everyone can make an adventure

Even if you have to be in the same old place for a long time, you can make an adventure.

I will try to make some new adventures for you.

You can send your adventure ideas to Lekshe at lekshe@gmail.com and I will put your adventure ideas in the next book.

If you send your photo, I will put you in the book!



I put me in the book because I am waiting for you to send your picture. Hurry up.

